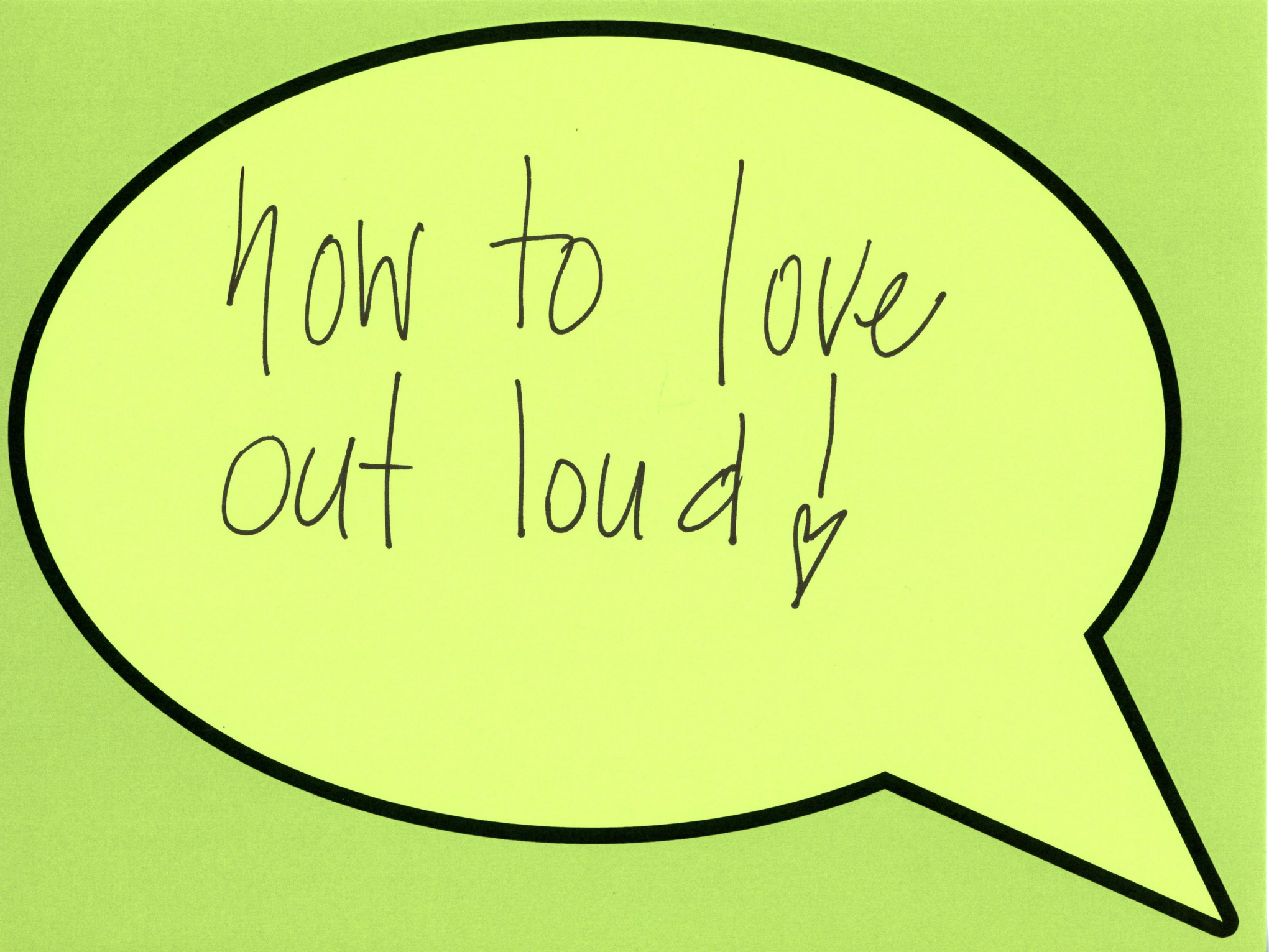
how to love
out loud!